



A Short Program Overview

National Youth Leadership Training is a council run intensive six day course designed to teach key team building and leadership skills that can be used in Scouting, School, and other youth group settings. This course for the youth is lead and taught by youth from prior year's courses under the supervision of adult Scoutmasters.

A Month in the Life of a Unit

The NYLT course represents a month of activity cycle of a typical Scouting unit

- First three full days of the course represent the planning stages
 - Leadership council meetings
 - Unit meetings
 - Planning for a larger event
- Participants use the full range of BSA resources for planning and conducting meetings that are interesting, lively, and relevant
- Skills and games they can use when they return to their home units
- Participants put their preparations to the test with an outpost camp symbolizing the big event that culminates a typical unit's activity cycle program

Stages of Team Development

Participants find themselves going through the four stages of team development.

- *Forming*
- *Storming*
- *Norming*
- *Performing*

Youth learn and practice how each stage of team development is paired with a style of leading and a style of teach that works best with the stage.

Toolbox of Leadership Skills

Presentations are designed to provide a toolbox of effective leadership skills resourced from names like Stephen Covey "*The Seven Habits of Highly Effective People*" and Kenneth Blanchard "*One Minute Manager*®" series.

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| <ul style="list-style-type: none"> • Vision—Goals—Planning • SMART Goals • Planning and Problem-Solving Tool • Assessment Tool • Teaching EDGE • Stages of Team Development | <ul style="list-style-type: none"> • Leading EDGE • Conflict Resolution Tool • Making Ethical Decisions • Communication • Valuing People |
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NYLT Graduate Challenge

Participants are encouraged to bring the skills back to their home unit and use them.

- Thirteen Activities to Apply NYLT material at their Home Troop
- Troop Leaders Works with Scout on these activities
- A course reunion and celebration take place approximately 8 months after the course with recognition in a post course leadership award.



Staffing NYLT

Youth who demonstrate excellence in leadership and scouting values are invited to return to staff the following year's course where they can fine tune their leading and teaching skills.

Wood Badge for Adult Leaders

Idea: Team a NYLT trained youth with a Wood Badge trained adult leader for a stronger unit.