Self Assessment
Self assessment provides insights into ways that a troop, patrol or other group can more effectively develop into a high performance team. An effective way to evaluate performance is to use the Start, Stop, Continue evaluation process.

START – “What should we be doing that will make things better?”
STOP – “What should we stop doing because it isn’t helping?”
CONTINUE – “What is our strength and is working well that we want to continue doing?”

Start

Stop

Continue